


**From:** Glazier, Billie A. baglazier@uabmc.edu   
**Subject:** Computer Tip of the Week – Unsubscribe  
**Date:** January 27, 2022 at 7:02 AM  
**To:** DOPM All Users DOPMAIUsers@uabmc.edu



<h2>Unsubscribe</h2>	<p>Brought to you by <b>Lisa Schwaiger</b> - DOPM HelpDesk Triage and Computer Tech in MT-403</p>	
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**SITUATION/QUESTION:**  
I am getting some UAB-based newsletters in my email that I never read.  
Can I get them to stop? In other words, can I unsubscribe?

**SOLUTION/ANSWER:**  
Maybe. There are some that you are required to receive, but others you can opt out of.  
  
Go to the UAB Subscription Center and make your wishes known there:  
<https://cloud.reach.uab.edu/subscriptions>

Was this helpful? Do you have suggestions for a future Tip of the Week? Do you have any other comments?  
Let us know at [dopmHelp@uabmc.edu](mailto:dopmHelp@uabmc.edu)

To see an archive of past Tips of the Week: <https://www.uab.edu/medicine/dopm/dopm-it/weekly-tips>