

From: dopmannouncement

Sent: Thursday, November 10, 2016 1:22 PM

To: DOPM All Users <DOPMAILUsers@uabmc.edu>

Subject: DOPM I.T. (Computer) Tip of the Week -- Should I Leave my computer on, or turn it off?

Should I leave my computer on, or turn it off?

Brought to you by
**David
Clabough**
- System Admin in
MT-111



SITUATION: I'm not sure what to do with my computer when I'm not using it.

- I've heard I should leave it on so that updates can happen overnight.
- But I've also heard I should turn it off (reboot it) to reset everything periodically.

SOLUTION: The best middle approach to take is:

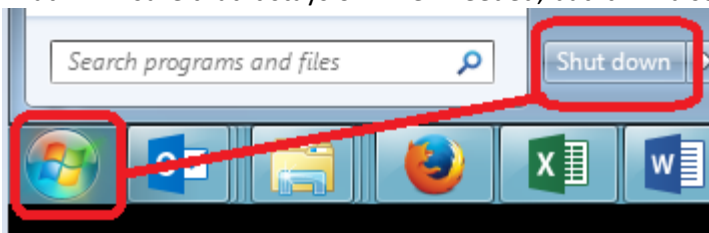
In general leave it on.

But every Friday, right before you leave:

1. choose "Shut down"
2. wait for the computer to turn off
3. then press the POWER button to turn it back on.

Note: . You don't need to wait for it to come up. Just leave it and it will be ready for Monday.

That will insure that it stays on when needed, but it will also reset it.



Was this helpful? Do you have suggestions for a future Tip of the Week? Do you have any other comments?

Let us know at dopmHelp@uabmc.edu

To see an archive of past Tips of the Week: <http://www.uab.edu/medicine/dopm/help/totw>