From: dopmannouncement <dopmannouncement@uabmc.edu>

**Sent:** Thursday, August 15, 2019 10:10 AM

To: DOPM All Users <DOPMAllUsers@uabmc.edu>

**Subject:** Computer Tip of the Week -- If you only ever use your @uabmc.edu email while at work in Medical Towers

If you only ever use your @uabmc.edu email while at work in Medical Towers Brought to you by Lisa Schwaiger - DOPM HelpDesk Triage and Computer Tech in MT-403



## QUESTION:

I keep getting emails from HSIS (and others) about "external email access" ... webmail ... OWA ... Multi-Factor Authentication (MFA), with instructions of actions to take.

But ... I ONLY use my @uabmc.edu email while I am here at work in Medical Towers, and have no need to ever check it when not at work.

In other words, I'd never need to look at my @uabmc.edu email on my phone (via the webmail.uabmc.edu website) or from my home computer or from anywhere else off campus.

So, in short, does all that apply to me?

## ANSWER:

No, it does not. (At this point in time, you can ignore completely.)

Was this helpful? Do you have suggestions for a future Tip of the Week? Do you have any other comments? Let us know at <u>dopmHelp@uabmc.edu</u>

To see an archive of past Tips of the Week: <u>http://www.uab.edu/medicine/dopm/help/totw</u>