Career Planning

EXPLORE

EXPERIENCE

PREPARE

SUCCEED
Career Management

• “Owning” your Career
• Utilizing Resources
• Capitalizing on Opportunities (events across UAB)
• Networking – internal / external
• Develop a strategic, evolving IDP (Individual Development Plan)
Did You Know?

- Only 30% of jobs ever get advertised

- For every 40 resumes a company receives, on average only 3-4 candidates are called to interview

- Hiring managers typically only spend 15-25 seconds reading a resume

- 60% of employers use some form of online screening (Google, Facebook, LinkedIn, etc.) before they hire candidates
Career Consulting at UAB

- Clarify and define your career goals
- Research and explore career options
- Identify your strengths and weaknesses
- Implement a plan for skills development
- Develop an effective campaign, including job search materials (elevator pitch, CV, resume, cover letter)
- Prepare for interviews (academic and industry)
RESOURCES

Find jobs, alumni, company contacts

Learn your personality type and leadership style

View career skills training videos

See/hear what you really look/sound like

Create a professional resume

Identify your skills, interests, values and corresponding career options

Visit the UAB one-stop Career Management Site
Professional Development

Training Topics

- Professional Etiquette
- Presentation Skills
- Working in Teams
- Managing Your Reputation
- Managing Your Performance
- Managing Your Career
Events

Biomedical Research Symposium
March 28-29, 2013

BioAlabama Conference
Thursday, May 16, Renaissance Hotel

Grad & Professional Schools Expo
Tuesday, October 8, 2013

Health & Science Fair
Spring 2014
Graduate Students & Post-Doctoral Career Tools

UAB Career Services offers resources and services to assist UAB graduate students and postdoctorals in exploring career options, preparing for the job search, and succeeding in their career goals.

Resources:

- Career Planning Guide
- Developing your elevator pitch
- Writing your resume & CV
- Networking
- Social networking
- Researching careers & jobs for graduate students
START NOW

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FINISH STRONG