

## EDUCATION

### Alabama Head Start

A child development program for income-eligible families: Programs to promote academic, social and emotional development are:

- Early Head Start: For pregnant women, infants, and toddlers
- Head Start: For children ages 3-5

<http://children.alabama.gov> / 1-334-223-0502

### Alabama's Early Intervention System: Birth through 3

Coordinates services statewide for infants and toddlers with disabilities and developmental delays preparing them and their families for the transition to the State Department of Education's preschool program for 3-to-5-year-olds or other community programs

[www.rehab.alabama.gov/ei](http://www.rehab.alabama.gov/ei) / Child Find 1-800-543-3098

### Alabama State Department of Education (ALSDE)

- Special Education-Oversees special education programs age 3-21 for individuals with a variety of disabilities
- Transition-Information on transition options/programs

[www.alsde.edu](http://www.alsde.edu) / 1-800-392-8020

- Autism Alabama/Special Education Services

<http://alex.state.al.us/autismAl/> / 1-800-392-8020

### Alabama Parent Education Center

Providing parents with training and information to become meaningful participants in their children's education

[www.alabamaparentcenter.com](http://www.alabamaparentcenter.com) / 1-866-532-7660

### The Bell Center for Early Intervention Programs

Dedicated to maximizing the potential of children from birth to 3 years of age who are at risk for developmental delay

[www.thebellcenter.org](http://www.thebellcenter.org) / 1-205-879-3417

### Hand in Hand Early Learning-Intervention Programs

For children from birth through 4 years of age

[www.ucpbham.com](http://www.ucpbham.com) / 1-800-654-4483

## MENTAL HEALTH

### Alabama Department of Mental Health

State agency responsible for serving Alabama citizens with mental illnesses, intellectual disabilities, and substance use disorders

[www.mh.alabama.gov](http://www.mh.alabama.gov) / 1-800-367-0955 (24 hour referral line for family support and information)

### Learning Disabilities Association of Alabama

Strives to advance the education and general welfare of children and adults with learning disabilities

<http://ldaal.org> / 1-334-277-9151

### Learning Disabilities and ADHD

Provides accurate and up-to-date information and advice about learning disabilities and ADHD

[www.ldonline.org](http://www.ldonline.org)

### Children and Adults with Attention Deficit/Hyperactivity Disorder

Provides education, advocacy and support for individuals with ADHD

[www.chadd.org](http://www.chadd.org)

### Alabama Council of Community Mental Health Boards

Comprised of 30 agencies across the state. Represents its members in the planning, development, and implementation of a comprehensive system of public mental health care.

[www.accmhb.org](http://www.accmhb.org) / 1-205-664-2114

## HEARING-IMPAIRED/SPEECH LANG.

Alabama Institute for Deaf and Blind (AIDB) Regional Centers

[www.AIDB.org](http://www.AIDB.org)

- Birmingham 1-205-328-3889
- Dothan 1-334-677-6270
- Huntsville 1-256- 539-7881
- Mobile 1-251- 432-7777
- Montgomery 1-334- 262-0824
- Talladega 1-256- 761-3370
- Tuscaloosa 1-205- 345-2883
- Tuscumbia 1-256-383-3503

### Alexander Graham Bell Association for the Deaf

Helps families, health care providers and education professionals understand childhood hearing loss and the importance of early diagnosis and intervention

[www.agbell.org](http://www.agbell.org)

### Hearing Exchange

Support groups for people with hearing loss

[www.hearingexchange.com](http://www.hearingexchange.com)

### Help Kids Hear

Helping other parents find the information and resources they need in dealing with a deaf / hard of hearing (DHH) child.

[www.helpkidshear.org](http://www.helpkidshear.org)

### Speech and Hearing Association of Alabama

[www.alabamashaa.org](http://www.alabamashaa.org)

### The National Institute on Deafness and Other Communication Disorders (NIDCD)

[www.nidcd.nih.gov](http://www.nidcd.nih.gov)

### Relay Services:

- 1-800-548-2547 (V)
- 1-800-548-2546 (TTY); 711 (TTY)
- 1-888-229-5746 (Speech to Speech-English)
- 1-866-270-9470 (Speech to Speech-Spanish)

## AUTISM SPECTRUM DISORDERS

### Alabama Interagency Autism Coordinating Council (AIACC)

To develop and implement a statewide comprehensive, coordinated, multidisciplinary, interagency system of care for individuals with ASD and their families

[www.autism.alabama.gov](http://www.autism.alabama.gov) / State Autism Coordinator 1-334-353-7191

### Alabama Autism Providers Network (AAPN)

To promote collaboration among service providers in Alabama and to promote best practice, standards and regulations to ensure that quality services are made available to people in Alabama with ASD and their families/caregivers

[www.al-autismproviders.net](http://www.al-autismproviders.net)

- UAB Civitan-Sparks Clinics  
[www.uab.edu/civitansparks/](http://www.uab.edu/civitansparks/) / 1-205-934-5471
- Auburn University Department of Psychology-Autism Research, Training and Intervention Services  
[www.media.cla.auburn.edu/psychology/gs/masters](http://www.media.cla.auburn.edu/psychology/gs/masters)  
1-334- 844-6627
- Dossett Clinic for People with Autism  
1-205-933-5476
- Easter Seals of Central Alabama  
[www.eastersealsca.org](http://www.eastersealsca.org) / 1-334-288-0240
- Glenwood Behavioral Health Center

- [www.glenwood.org/](http://www.glenwood.org/) / 1-205-969-2880
- Goodwill Easter Seals of the Gulf Coast Autism Services  
[angel@gesgc.org](mailto:angel@gesgc.org) / 1-800-411-0068
- Horizons School  
[www.horizonsschool.org](http://www.horizonsschool.org) / 1-205-322-6606
- LEAP Evaluation and Treatment Programs, Child and Family Service  
[www.childfamilyservice.com](http://www.childfamilyservice.com) / 1-800-720-9926
- Mitchell's Place  
[www.mitchells-place.com](http://www.mitchells-place.com) / 1-205-957-0294
- Premier Collaborations, CDC  
[www.premiercollaborations.com](http://www.premiercollaborations.com) / 1-256-464-8405
- Puzzle Piece  
[www.puzzlepiecealabama.com](http://www.puzzlepiecealabama.com) / 1-205-969-8080
- The Learning Tree  
[www.learning-tree.org](http://www.learning-tree.org) / 1-334-252-0025
- The Riley Behavioral & Educational Center  
[www.therileycenter.org](http://www.therileycenter.org) / 1-256-882-2457
- The University of Alabama Autism Spectrum Disorders Research Clinic  
<http://autism-clinic.ua.edu> / 1-205-348-3130
- Triumph Services  
[www.triumphservices.org](http://www.triumphservices.org) / 1-205-581-1000
- UCP of Greater Birmingham  
[www.ucpbham.com](http://www.ucpbham.com) / 1-204-944-3903
- University of South Alabama Autism Diagnostic Clinic  
[www.southalabama.edu/com/autism/](http://www.southalabama.edu/com/autism/) / 1-251-415-8577

Medical Autism Clinic (MAC), Children's Hospital, Birmingham  
[www.chsys.org/MAC/](http://www.chsys.org/MAC/) / 1-205-975-6503

Autism Society of Alabama  
[www.autism-alabama.org](http://www.autism-alabama.org) / 1-877-428-8476

Autism Society of America  
[www.autism-society.org](http://www.autism-society.org)

Autism Speaks  
[www.autismspeaks.org](http://www.autismspeaks.org)

AOTA Autism Resources  
Comprehensive guide to all resources available from the American Occupational Therapy Association  
[www.aota.org/autism](http://www.aota.org/autism)

## RECREATION

Alabama Special Olympics  
[www.specialolympics.org](http://www.specialolympics.org)

Easter Seals Camp ASCCA  
Providing year-round therapeutic recreation for children and adults with both physical and mental disabilities  
[www.campascca.org](http://www.campascca.org) / 1-256-825-9226

Children's Dance Foundation  
[www.childrendancefoundation.org](http://www.childrendancefoundation.org) / 1-205-870-0073

VSA Arts Alabama  
Statewide organization dedicated to providing opportunities in the arts for people with chronic illnesses and disabilities  
[www.vsartsalabama.org](http://www.vsartsalabama.org) / 1-205-307-6300

Studio by the Tracks, Irondale  
Provides free art classes to special needs adults and emotionally conflicted

children

[www.studiobythetracks.org](http://www.studiobythetracks.org) / 1-205-951-3317

#### **Arts 'n Autism, Tuscaloosa**

An after-school program & summer camp for children with autism

[www.artsnautism.org](http://www.artsnautism.org) / 1-205-758-1193

#### **Baseball/Softball Leagues**

- **Miracle League**-To find one in your neighborhood  
<http://www.miracleleague.com/home.html>
- **Oak Mountain Youth Baseball/Softball Challenge Leagues**  
[www.omybs.com](http://www.omybs.com)
- **The Opportunity League, Pelham**  
[www.pelhamonline.com](http://www.pelhamonline.com) / 1-205-620-6426

## **FAMILY, PEER & CONSUMER SUPPORTS**

#### **Governor's Office on Disabilities**

[www.good.alabama.gov](http://www.good.alabama.gov) / 1-888-879-3582

#### **Alabama Council for Developmental Disabilities**

Working hard to insure full access to services enabling individuals with developmental disabilities to exercise self determination, independence, productivity, integration and inclusion in all facets of community life

<http://acdd.org> / 1-800-232-2158

#### **The Arc of Alabama**

Works to ensure that individuals with intellectual and developmental disabilities have access to the supports and services they need to live successfully in their communities

[www.thearcofalabama.com](http://www.thearcofalabama.com) / 1-866-243-9557

#### **The Exceptional Foundation**

Working to meet the social and recreational needs of the mentally and/or physically challenged individuals in the greater Birmingham area

[www.exceptionalfoundation.org](http://www.exceptionalfoundation.org) / 1-205-870-0776

#### **Alabama Family Ties**

Works to end stigma and discrimination against families raising children who have mental, emotional, and behavioral disorders and to increase the availability of and access to high quality services for children and youth with serious emotional disturbances in all child serving systems

[www.alfamilyties.org/](http://www.alfamilyties.org/) / 1-877-834-0615

#### **Family Voices of Alabama**

A statewide organization that keeps the VOICE of Alabama's children, youth and young adults with special needs and their families at the table to help design and improve efficient policies, programs, services and systems that affect them and the community they live in

[www.familyvoicesal.org](http://www.familyvoicesal.org) / 1-877-771-3862

#### **Respite**

- **Alabama Lifespan Respite Resource Network**  
For caregivers of a child or adult with a disability or chronic illness, this network can help you find respite providers  
<http://alabamarespite.org> / 1-866-737-8252
- **UCPWA Hearts Respite**  
Respite reimbursement program for families of children with disabilities in Alabama in the following counties: Choctaw, Dallas, Greene, Hale, Marengo, Perry, Pickens, Sumter, Tuscaloosa, Wilcox  
[www.ucpwa.org](http://www.ucpwa.org) / 1-205-292-8910
- **Aaron's Staff-Respite Care Ministry for Children with Disabilities**

Free service provided the third Saturday of each month at the  
Linda Nolen Learning Center in Pelham, Alabama  
[www.Aaronsstaffrespite.com](http://www.Aaronsstaffrespite.com) / 1-205-620-5004

#### **Full Life Ahead Foundation**

Assists students with disabilities and their families in planning and achieving a full life after high school  
[www.fulllifeahead.org/](http://www.fulllifeahead.org/) / 1-866-700-2026

#### **Independent Living Resources of Greater Birmingham**

Empowering people with disabilities to fully participate in the community  
[www.ilrgb.org](http://www.ilrgb.org) / 1-205-251-2223

#### **Alabama Head Injury Foundation**

Improving life after traumatic brain injury  
[www.ahif.org/](http://www.ahif.org/) / 1-800-433-8002

#### **Epilepsy Foundation of Alabama**

[www.epilepsyfoundation.org/](http://www.epilepsyfoundation.org/) / 1-800-626-1582

#### **Down Syndrome**

- **PADS-Parents advocating for the needs of individuals with Down syndrome, offering support, acceptance and encouragement for parents and families of persons with Down syndrome**  
[www.downsyndromealabama.org/](http://www.downsyndromealabama.org/) / 1-205-988-0810
- **UAB Adolescent and Adult Down Syndrome Center**  
[www.genetics.uab.edu/AdultDownSyndromeClinic.html](http://www.genetics.uab.edu/AdultDownSyndromeClinic.html)  
1-205-335-9385

#### **International Rett Syndrome Association**

[www.rettsyndrome.org](http://www.rettsyndrome.org) / 1-800-818-7388

#### **Spina Bifida Association of Alabama**

[www.sbaofal.org](http://www.sbaofal.org) / 1-256-216-9922

#### **United Cerebral Palsy of Alabama:**

- **East Central Alabama, Anniston**  
[www.ecaucp.org](http://www.ecaucp.org) / 1-256-237-8203
- **Greater Birmingham**  
[www.ucpbham.com](http://www.ucpbham.com) / 1-205-944-3900
- **Huntsville and Tennessee Valley**  
[www.ucphuntsville.org](http://www.ucphuntsville.org) / 1-256-852-5600
- **Mobile**  
[www.ucpmobile.org](http://www.ucpmobile.org) / 1-251-470-4900
- **Northwest Alabama, Sheffield**  
[www.ucpshoals.org](http://www.ucpshoals.org) / 1-256-381-4310
- **West Alabama, Northport**  
[www.ucpwa.org](http://www.ucpwa.org) / 1-205-345-3031

## **LEGAL AND CIVIL RIGHTS**

#### **Alabama Disabilities Advocacy Program (ADAP)**

Nationwide federally mandated protection and advocacy (P&A) system.  
Mission to provide equality, legally based advocacy services to Alabamians with disabilities in order to protect, promote and expand their rights  
[www.adap.net](http://www.adap.net) / 1-800-826-1675

#### **State of Alabama Client Assistance Program (SACAP)**

Persons with disabilities who are experiencing problems or are in need of information regarding Alabama's Vocational Rehabilitation Service (VRS), vocational rehabilitation service providers, or an Independent Living Center, SACAP can help

<http://sacap.alabama.gov> / 1-800-228-3231

## HEALTH FACILITIES

### Children's Health System (CHSYS)

Integrated child health care network dedicated to providing comprehensive pediatric expertise for the children of Alabama

[www.chsys.org](http://www.chsys.org) / 1-205-939-9100

### UAB Hospital

[www.health.uab.edu](http://www.health.uab.edu) / 1-205-934-4011

### UAB Spain Rehabilitation Center

[www.health.uab.edu/112631](http://www.health.uab.edu/112631) / 1-205-934-4131

### USA Children's and Women's Hospital, Mobile

[www.southalabama.edu/usacwh/](http://www.southalabama.edu/usacwh/) / 1-251-415-1000

## HEALTH ACCESS & FINANCING

### Alabama Department of Human Resources (DHR)

Administers programs of importance to children and adults with disabilities and their families, including adoption, foster care, early childhood and child care, child abuse. Responsible for children committed to its custody by juvenile courts, offering a variety of treatment programs.

[www.dhr.alabama.gov](http://www.dhr.alabama.gov)

### Alabama Department of Public Health

Improves and protects the public's health through disease prevention, and the assurance of public health services to resident and transient populations of the state

[www.adph.org](http://www.adph.org) / 1-800-252-1818

### Children's Health Insurance Program (All Kids)

Low-cost, comprehensive healthcare coverage program for children under age 19

[www.adph.org/allkids/](http://www.adph.org/allkids/) / 1-877-373-5437

### Health Insurance Alabama.Gov

Learn how to get health insurance for yourself and your children, including Alabama Child Caring Foundation

<http://healthinsurance.alabama.gov/> / 1-334-269-3550

### Alabama Department of Insurance

Regulates the insurance industry, providing consumer protection, promoting market stability, and enforcing fire safety standards and laws

[www.aldoi.gov/](http://www.aldoi.gov/) / 1-334-269-3550

### Alabama Department of Rehabilitation Services (ADRS)

- **Alabama's Early Intervention System (AEIS)**  
Coordinates services statewide for infants and toddlers with disabilities and developmental delays preparing them and their families for the transition to the State Department of Education's preschool program for 3-to-5-year-olds or other community programs

[www.rehab.alabama.gov/ei](http://www.rehab.alabama.gov/ei) / Child Find 1-800-543-3098

- **Children's Rehabilitation Service (CRS)**  
Provides services to children with special health-care needs from birth to age 21 and their families, including disabilities services, expertise and adaptive technology to local school systems

[www.rehab.alabama.gov/crs](http://www.rehab.alabama.gov/crs) / 1-800-846-3697

- **Vocational Rehabilitation Service (VRS)**  
Provides rehabilitation, education, and employment-related services to adolescents and adults with disabilities

- **State of Alabama Independent Living/Homebound Service (SAIL)**  
Provides services to Alabamians who have the severest disabilities resulting from spinal cord or head injuries  
[www.rehab.alabama.gov](http://www.rehab.alabama.gov) / 1-800-441-7607

**UAB Civitan-Sparks Dental Clinic**  
[www.uab.edu/civitan Sparks/clinics/dental-clinic/](http://www.uab.edu/civitan Sparks/clinics/dental-clinic/) / 1-205-934-1115

**Social Security Administration**  
[www.socialsecurity.gov](http://www.socialsecurity.gov) / 1-800-722-1213

**Easter Seals:**

- **Corporate Office, Montgomery**  
[www.alabama.easterseals.com](http://www.alabama.easterseals.com) / 1-800-388-7325
- **Anniston** / 1-256-820-9960
- **Birmingham** / 1-205-942-6277
- **Mobile/Northwest Florida** / 1-251-471-1581
- **Montgomery** / 1-334- 262-0824
- **Talladega** / 1-256- 761-3370
- **Opelika** / 1-334-745-3501
- **Selma** / 1-334-872-8421
- **Tuscaloosa** / 1-205-759-1211

**Centers for Disease Control (CDC)**  
Online source for credible health information  
[www.cdc.gov](http://www.cdc.gov) / 1-800-232-4636

Su fuente confiable de informacion sobre salud en Internet  
[www.cdc.gov/spanish](http://www.cdc.gov/spanish)

**National Dissemination Center for Children with Disabilities**  
Central source of information on disabilities in infants, toddlers, children, and youth  
[www.nichcy.org](http://www.nichcy.org) / 1-800-695-0285

**Prescription Assistance Program**  
Helps qualifying patients without prescription drug coverage get the medicines they need through the program that is right for them  
[www.pparx.org](http://www.pparx.org) / 1-888-477-2669

**Sight Savers**  
Coordinates the activities of all child referrals agencies and vision care providers in The Children's Eye Care Network  
[www.sightsaversofalabama.org](http://www.sightsaversofalabama.org) / 1-877-942-2627

## ADDITIONAL RESOURCES

**United Way 2-1-1/United Way of Alabama**

- United Way 2-1-1: an easy to remember central phone number connecting people across the state of Alabama with available community resources. With one call you can reach a trained, caring professional, seven days a week, 24 hours a day, 365 days a year
- United Way of Alabama  
<http://www.liveunited.org>

**Alabama Resource Guide**  
[http://www.ucp.org/uploads/alabama\\_state\\_resources.pdf](http://www.ucp.org/uploads/alabama_state_resources.pdf)

**Alabama State Official Website**  
[www.alabama.gov/portal/index.jsp](http://www.alabama.gov/portal/index.jsp)

**Alabama Child Care Resource and Referral Network**

- **Childcare Resources, Birmingham**  
Blount, Jefferson, Shelby and Walker Counties  
[www.ccr-bham.org](http://www.ccr-bham.org) / 1-800-822-2734

- **Family Guidance Center of Alabama**  
[www.familyguidancecenter.org](http://www.familyguidancecenter.org) / 1-800-499-6597

**Alabama Department of Children's Affairs**

Provide state leadership to identify, promote and coordinate services for children, their families, and communities

<http://children.alabama.gov> / 1-334-223-0502

**Parenting Assistance Line (PAL)**

Free and confidential calls offering helpful information and support regarding specific parenting concerns for children ages birth to twelve years

[www.pal.ua.edu](http://www.pal.ua.edu) / 1-866-962-3030