An Individual Development Plan (IDP) is a structured planning tool to help you:

• Define your skills, interests, and values
• Research potential careers based on your results
• Identify and develop a career plan, set goals

You can come to see the tutorial, or to participate, remember to bring your laptop!

Friday, March 8 ◊ 3pm ◊ Bevill Rm. 263
Refreshments provided

Sponsored by the UAB GSA, the Graduate School, CAMAC, and UAB Comprehensive Diabetes Center