

# Preventive Health Maintenance Form

	Ideal Candidate Population	Date	Date	Date
<b>1.Colon cancer screening</b> a. Fecal Occult Blood Testing (FOBT) with 3 stool cards	All patients ages over 50 years annually			
<b>1.Colon cancer screening</b> b. Invasive Colon Screening	All patients ages over 50 years 1) flexible sigmoidoscopy or double contrast barium enema every five years OR 2) colonoscopy every ten years			
<b>2. Breast cancer screening</b>	Female patients over 40 years every 1-2 years			
<b>3. Cervical cancer screening</b>	Female patient over 21 years 1.) every year OR 2.) every 2-3 years if three neg annual paps and monogamous or inactive			
<b>4. Lipid screening</b>	All patients with 1) diabetes, 2) multiple risk factors for cardio-vascular disease, 3) or men over 35 years, women over 45 years every 5 years			
<b>5. Pneumococcal vaccination</b>	Patients 65 years and older, or under 65 years with chronic diseases (alcoholism, cardiac, renal, liver, or pulmonary disease, diabetes, HIV, lymphoma, organ transplant or on steroids) or asplenism within the past 5-7 years			
<b>6. Tetanus vaccination</b>	All patients every 10 years			
<b>7. Flu vaccination</b>	Patients age 50+ years or younger with risk factors (see pneumococcal)			
<b>8. Tobacco use screening</b>	All patients screened annually			
<b>9. Advising tobacco cessation</b>	All current smokers advised to quit smoking within the past year			
<b>10. AAA screen</b>	Ultrasound men smokers age 65+ once			
<b>11. Seat Belt Usage</b>	All patients screened annually			
<b>12. DEXA</b>	Women age 65+ or younger with risk factors (Family history, smoking, thin, steroids > 3 mo, hip or vertebral fracture)			

[www.ncqa.org/programs/HEDIS/02measures.pdf.Vol.2003](http://www.ncqa.org/programs/HEDIS/02measures.pdf.Vol.2003)

[www.ahrq.gov/clinic/uspstfix.htm.Vol.2003](http://www.ahrq.gov/clinic/uspstfix.htm.Vol.2003)