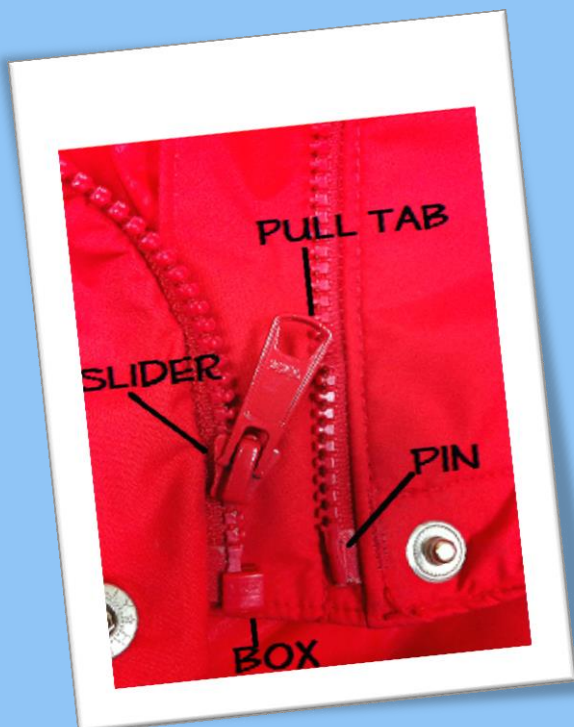


FASTENING ZIPPERS ON JACKETS



Steps to Zipping Up

1. Have each hand grab the bottom of the jacket's corners.
2. On the side with the Pull Tab, use your thumb to hold back the extra fabric in order to have a clear view of the Slider and Box.
3. Place your thumb on top and index finger underneath will provide the best positioning for grasping the Pin and Box.
4. Bring the two corners of the jacket together to meet in the middle.
5. Lift up the hand holding the Pin and slide the Pin into the Box. Make sure the Slider and Box are flushed together in order for the Pin to slide all the way in.
6. Continue holding the Pin in the Box tightly with one hand while your other hand pinches and pulls the Pull Tab up.

Aligning the parts of the zipper requires the child to have precision and an adequate pincer grasp. Have your child practice various fine motor tasks like pinching play-doh, picking up marbles, or manipulating clothespins to strengthen their pincer grasp and coordination for better grasping of the zipper components. Remember Patience and Practice is the key to learning new skills!

Helpful Tips

Practice steps on a jacket in front of you or in your lap. Once skill is mastered, try the zipping sequence on a jacket you are wearing.

Add a longer string or extra loop to the pull tab for better grasping.