

# Play-Doh

## Connect Four

### Steps:

1. Roll play-doh into a log shape on the table. Keep fingers straight and make sure only the arm is moving back and forth.
2. Use your pincer grasp to pinch small pieces off the play-doh log (i.e. 20). These will be the player's game pieces.
3. You may try rolling each play-doh game piece into a ball shape using thumb, pointer, & middle finger for extra finger practice.
4. Next transfer the two piles of game pieces to the playing area (i.e. window, refrigerator door, bathroom wall).
5. Play Game: Following the Connect Four rules. Take turns picking up and placing game pieces onto the surface. Playing on vertical surfaces encourages wrist extension and in hand manipulation skills from the players.

**First one to get 4 in a row wins!**



WORK ON  
VALUABLE  
HAND & WRIST  
SKILLS

SUPPLIES  
NEEDED:

- TWO CONTAINERS OF PLAY-DOH (DIFFERENT COLORS)
- FLAT VERTICAL SURFACE

TARGET SKILLS:

HAND STRENGTH  
IN HAND  
MANIPULATION  
PINCH GRASP  
WRIST EXTENSION  
SUPINATION

