**EDUCATION**

**Alabama Head Start**

A child development program for income-eligible families: Programs to

promote academic, social and emotional development are:

* Early Head Start: For pregnant women, infants, and toddlers
* Head Start: For children ages 3-5

[**http://children.alabama.gov**](http://children.alabama.gov) **/ 1-334-223-0502**

**Alabama’s Early Intervention System: Birth through 3**

Coordinates services statewide for infants and toddlers with disabilities and

developmental delays preparing them and their families for the transition to

the State Department of Education’s preschool program for 3-to-5-year-olds or

other community programs

[**www.rehab.alabama.gov/ei**](http://www.rehab.alabama.gov/ei) **/ Child Find 1-800-543-3098**

**Alabama State Department of Education (ALSDE)**

* Special Education-Oversees special education programs age 3-21 for

individuals with a variety of disabilities

<https://www.alsde.edu/sec/ses/Pages/home.aspx>

* Transition-Information on transition options/programs

[**www.alsde.edu**](http://www.alsde.edu) **/ 1-800-392-8020**

* Alabama Learning Exchange, ALEX

<https://alex.state.al.us/> **/ 1-800-392-8020**

**Alabama Parent Education Center**

Providing parents with training and information to become meaningful

participants in their children’s education

[**www.alabamaparentcenter.com**](http://www.alabamaparentcenter.com) **/ 1-866-532-7660**

**The Bell Center for Early Intervention Programs**

Dedicated to maximizing the potential of children from birth to 3 years of age

who are at risk for developmental delay

[**www.thebellcenter.org**](http://www.thebellcenter.org) **/ 1-205-879-3417**

**Hand in Hand Early Learning-Intervention Programs**

For children from birth through 4 years of age

<https://www.unitedability.org/> **/ 1-800-654-4483**

**Horizons School**

We offer individuals with learning and other disabilities an inclusive, holistic life

preparatory program.

[**https://horizonsschool.org/**](https://horizonsschool.org/) **/ (205) 322-6606**

**MENTAL HEALTH**

**Alabama Department of Mental Health**

State agency responsible for serving Alabama citizens with mental illnesses,

intellectual disabilities, and substance use disorders

[**www.mh.alabama/gov**](http://www.mh.alabama/gov) **/ 1-800-367-0955 (24 hour referral line for family**

**support and information)**

**Learning Disabilities Association of Alabama**

Strives to advance the education and general welfare of children and adults

with learning disabilities

<http://ldaalabama.org/>

**Learning Disabilities and ADHD**

Provides accurate and up-to-date information and advice about learning

disabilities and ADHD

[**www.ldonline.org**](http://www.ldonline.org)

**Children and Adults with Attention Deficit/Hyperactivity Disorder**

Provides education, advocacy and support for individuals with ADHD

[**www.chadd.org**](http://www.chadd.org)

**Alabama Council of Community Mental Health Boards**

The Council offers continuing education workshops and conferences for

its members and for social workers, psychologists, counselors, nurses,

teachers, consumers, family members, and other mental health professionals.

<http://alcouncil.org/>

**HEARING-IMPAIRED/SPEECH LANGUAGE**

**Alabama Institute for Deaf and Blind (AIDB) Regional Centers**

[**www.AIDB.org**](http://www.AIDB.org)

* Birmingham 1-205-328-3889
* Dothan 1-334-677-6270
* Huntsville 1-256- 539-7881
* Mobile 1-251- 432-7777
* Montgomery 1-334- 262-0824
* Talladega 1-256- 761-3370
* Tuscaloosa 1-205- 345-2883
* Tuscumbia 1-256-383-3503

**Alexander Graham Bell Association for the Deaf**

Helps families, health care providers and education professionals understand

childhood hearing loss and the importance of early diagnosis and intervention

[**www.agbell.org**](http://www.agbell.org)

**American Speech-Language and Hearing Association (ASHA)**

Making effective communication, a human right, accessible and achievable for all.

[**www.asha.org**](http://www.asha.org)

**EHDI Pals**

**Information, resources, and services for children with hearing loss.**

[**http://www.ehdipals.org/**](http://www.ehdipals.org/)

**Help Kids Hear**

Helping other parents find the information and resources they need in dealing

with a deaf / hard of hearing (DHH) child.

[**www.helpkidshear.org**](http://www.helpkidshear.org)

**Speech and Hearing Association of Alabama**

[**https://www.alabamashaa.com/**](https://www.alabamashaa.com/)

**The National Institute on Deafness and Other Communication Disorders (NIDCD)**

[**www.nidcd.nih.gov**](http://www.nidcd.nih.gov)

**Relay Services:**

* **1-800-548-2547 (V)**
* **1-800-548-2546 (TTY); 711 (TTY)**
* **1-888-229-5746 (Speech to Speech-English)**
* **1-866-270-9470 (Speech to Speech-Spanish)**

**AUTISM SPECTRUM DISORDERS**

**Alabama Interagency Autism Coordinating Council (AIACC)**

To develop and implement a statewide comprehensive, coordinated,

multidisciplinary, interagency system of care for individuals with ASD and their

families

[**www.autism.alabama.gov**](http://www.autism.alabama.gov) **/ State Autism Coordinator 1-334-353-7191**

**Alabama Autism Providers Network (AAPN)**

To promote collaboration among service providers in Alabama and to promote

best practice, standards and regulations to ensure that quality services are

made available to people in Alabama with ASD and their families/caregivers

[**http://www.alabamaautismproviders.com/**](http://www.alabamaautismproviders.com/)

* **UAB Civitan-Sparks Clinics**

[**www.uab.edu/civitansparks/**](http://www.uab.edu/civitansparks/) **/ 1-205-934-5471**

* **Auburn University Department of Psychology-Autism Research, Training and Intervention Services**

[**www.media.cla.auburn.edu/psychology/gs/masters**](http://www.media.cla.auburn.edu/psychology/gs/masters)

**1-334- 844-6627**

* **Adult & Child Development Professionals**

[**https://www.adultandchilddevelopment.com/RebeccaDossettPhDLPC.en.html**](https://www.adultandchilddevelopment.com/RebeccaDossettPhDLPC.en.html)

* **Easter Seals of Central Alabama**

[**www.eastersealsca.org**](http://www.eastersealsca.org) **/ 1-334-288-0240**

* **Glenwood Behavioral Health Center**

[**www.glenwood.org/**](http://www.glenwood.org/) **1-205-969-2880**

* **Goodwill Easter Seals of the Gulf Coast Autism Services**

<https://www.gesgc.org/>

* **Horizons School**

[**www.horizonsschool.org**](http://www.horizonsschool.org) **/ 1-205-322-6606**

* **LEAP Evaluation and Treatment Programs, Child and Family Service**

[**www.childfamilyservice.com**](http://www.childfamilyservice.com) **/ 1-800-720-9926**

* **Mitchell’s Place**

[**www.mitchells-place.com**](http://www.mitchells-place.com) **/ 1-205-957-0294**

* **Premier Collaborations, CDC**

[**www.premiercollaborations.com**](http://www.premiercollaborations.com) **/ 1-256-464-8405**

* **Puzzle Piece**

[**www.puzzlepiecealabama.com**](http://www.puzzlepiecealabama.com) **/ 1-205-969-8080**

* **The Learning Tree**

[**www.learning-tree.org**](http://www.learning-tree.org) **/ 1-334-252-0025**

* **The Riley Behavioral & Educational Center**

[**www.therileycenter.org**](http://www.therileycenter.org) **/ 1-256-882-2457**

* **The University of Alabama Autism Spectrum Disorders**

**Research Clinic**

[**http://autism-clinic.ua.edu**](http://autism-clinic.ua.edu) **/ 1-205-348-3130**

* **Triumph Services**

[**www.triumphservices.org**](http://www.triumphservices.org) **/ 1-205-581-1000**

* **United Ability**

[**unitedability.org**](http://unitedability.org) **/ 1-205-944-3900**

* **University of South Alabama Autism Diagnostic Clinic, Autism evaluations**

<https://www.southalabama.edu/colleges/artsandsci/psychology/psychologyclinic/clinic-services.html>

**Medical Autism Clinic (MAC), Children’s Hospital, Birmingham**

[**www.chsys.org/MAC/**](http://www.chsys.org/MAC/) **/ 1-205-975-6503**

**Autism Society of Alabama**

[**www.autism-alabama.org**](http://www.autism-alabama.org) **/ 1-877-428-8476**

**Autism Society of America**

[**www.autism-society.org**](http://www.autism-society.org)

**Autism Speaks**

[**www.autismspeaks.org**](http://www.autismspeaks.org)

**AOTA Autism Resources**

Comprehensive guide to all resources available from the American

Occupational Therapy Association

[**www.aota.org/autism**](http://www.aota.org/autism)

**RECREATION**

**Alabama Special Olympics**

<http://www.specialolympicsalabama.com/>

**Easter Seals Camp ASCCA**

Providing year-round therapeutic recreation for children and adults with both

physical and mental disabilities

[**www.campascca.org**](http://www.campascca.org) **/ 1-256-825-9226**

**Children’s Dance Foundation**

[**www.childrensdancefoundation.org**](http://www.childrensdancefoundation.org) **/ 1-205-870-0073**

**VSA Arts Alabama**

Statewide organization dedicated to implementing arts related programming, training

and advocacy to individuals and various groups across the state.

<https://www.vsaalabama.org/> **/ 1-504-486-7190**

**Studio by the Tracks, Irondale**

Provides free art classes to special needs adults and emotionally conflicted

children

[**www.studiobythetracks.org**](http://www.studiobythetracks.org) **/ 1-205-951-3317**

**Arts ‘n Autism, Tuscaloosa**

An after-school program & summer camp for children with autism

[**www.artsnautism.org**](http://www.artsnautism.org) **/ 1-205-758-1193**

**Baseball/Softball Leagues**

* **Miracle League-**To find one in your neighborhood

[**http://www.themiracleleague.net/**](http://www.themiracleleague.net/)

* **Oak Mountain Youth Baseball/Softball Challenge Leagues**

[**www.omybs.com**](http://www.omybs.com)

**FAMILY, PEER & CONSUMER SUPPORTS**

**Governor’s Office on Disabilities**

[**www.good.alabama.gov**](http://www.good.alabama.gov) **/1-888-879-3582**

**Alabama Council for Developmental Disabilities**

Working hard to insure full access to services enabling individuals with

developmental disabilities to exercise self-determination, independence,

productivity, integration and inclusion in all facets of community life

[**http://acdd.org**](http://acdd.org) **1-800-232-2158**

**The Arc of Alabama**

Works to ensure that individuals with intellectual and developmental

disabilities have access to the supports and services they need to live

successfully in their communities

[**www.thearcofalabama.com**](http://www.thearcofalabama.com) **/ 1-866-243-9557**

**The Exceptional Foundation**

Working to meet the social and recreational needs of the mentally and/or

physically challenged individuals in the greater Birmingham area

[**www.exceptionalfoundation.org**](http://www.exceptionalfoundation.org) **/1-205-870-0776**

**Family Voices of Alabama**

A statewide organization that keeps the VOICE of Alabama’s children, youth

and young adults with special needs and their families at the table to help

design and improve efficient policies, programs, services and systems that

affect them and the community they live in

[**www.familyvoicesal.org**](http://www.familyvoicesal.org) **/ -877-771-3862**

**Respite**

* **Alabama Lifespan Respite Resource Network**

For caregivers of a child or adult with a disability or chronic illness,

this network can help you find respite providers

[**http://alabamarespite.org**](http://alabamarespite.org) **/1-866-737-8252**

* **UCPWA Hearts Respite**

Respite reimbursement program for families of children with

disabilities in Alabama in the following counties: Choctaw,

Dallas, Greene, Hale, Marengo, Perry, Pickens, Sumter,

Tuscaloosa, Wilcox

[**www.ucpwa.org**](http://www.ucpwa.org) **/ 1-205-292-8910**

* **Aaron’s Staff-Respite Care Ministry for Children with**

**Disabilities**

nonprofit Christian ministry that provides respite care to support the

spiritual, emotional and physical needs of children with disabilities and their families.

<https://aaronsstaffrespite.org/> **/1-205-261-9914**

**Full Life Ahead Foundation**

Assists students with disabilities and their families in planning and

achieving a full life after high school

[**www.fulllifeahead.org/**](http://www.fulllifeahead.org/) **/ 1-866-700-2026**

**Independent Living Resources of Greater Birmingham**

Empowering people with disabilities to fully participate in the community

[**www.ilrgb.org**](http://www.ilrgb.org) **/1-205-251-2223**

**Alabama Head Injury Foundation**

Improving life after traumatic brain injury

[**www.ahif.org/**](http://www.ahif.org/) **/ -800-433-8002**

**Epilepsy Foundation of Alabama**

<https://www.epilepsy.com/alabama> **/1-800-626-1582**

**Down Syndrome of Alabama**

* Advocating for the needs of individuals with

Down syndrome, offering support, acceptance and

encouragement for parents and families of persons with Down

syndrome

<https://downsyndromealabama.org/>

* **UAB Adolescent and Adult Down Syndrome Center**

[**www.genetics.uab.edu/AdultDownSyndromeClinic.html**](http://www.genetics.uab.edu/AdultDownSyndromeClinic.html)

**1-205-335-9385**

**International Rett Syndrome Association**

[**www.rettsyndrome.org**](http://www.rettsyndrome.org) **/1-800-818-7388**

**Spina Bifida Association of Alabama**

[**www.sbaofal.org**](http://www.sbaofal.org) **/ 1-256-216-9922**

**United Cerebral Palsy of Alabama:**

* **East Central Alabama, Anniston**

[**www.ecaucp.org**](http://www.ecaucp.org) **/ 1-256-237-8203**

* **Greater Birmingham**

[**https://www.unitedability.org/**](https://www.unitedability.org/) **/ 1-205-944-3900**

* **Huntsville and Tennessee Valley**

[**www.ucphuntsville.org**](http://www.ucphuntsville.org) **/ 1-256-852-5600**

* **Mobile**

[**www.ucpmobile.org**](http://www.ucpmobile.org) **/ 1-251-470-4900**

* **Northwest Alabama, Sheffield**

[**www.ucpshoals.org**](http://www.ucpshoals.org) **/ 1-256-381-4310**

* **West Alabama, Northport**

[**www.ucpwa.org**](http://www.ucpwa.org) **/ 1-205-345-3031**

**LEGAL AND CIVIL RIGHTS**

**Alabama Disabilities Advocacy Program (ADAP)**

Nationwide federally mandated protection and advocacy (P&A) system.

Mission to provide equality, legally based advocacy services to

Alabamians with disabilities in order to protect, promote and expand

their rights

[**www.adap.ua.edu**](http://www.adap.ua.edu) **/1-800-826-1675**

**State of Alabama Client Assistance Program (SACAP)**

Persons with disabilities who are experiencing problems or are in need of

information regarding Alabama’s Vocational Rehabilitation Service (VRS),

vocational rehabilitation service providers, or an Independent Living Center,

SACAP can help

[**http://sacap.alabama.gov**](http://sacap.alabama.gov) **/ 1-800-228-3231**

**HEALTH FACILITIES**

**Children’s Health System (CHSYS)**

Integrated child health care network dedicated to providing comprehensive

pediatric expertise for the children of Alabama

[**www.chsys.org**](http://www.chsys.org) **/ 1-205-939-9100**

**UAB Hospital**

[**www.health.uab.edu**](http://www.health.uab.edu) **/ 1-205-934-4011**

**UAB Spain Rehabilitation Center**

[**www.health.uab.edu/112631**](http://www.health.uab.edu/112631) **/ 1-205-934-4131**

**USA Children’s and Women’s Hospital, Mobile**

[**www.southalabama.edu/usacwh/**](http://www.southalabama.edu/usacwh/) **/ 1-251-415-1000**

**HEALTH ACCESS & FINANCING**

**Alabama Department of Human Resources (DHR)**

Administers programs of importance to children and adults with disabilities and

their families, including adoption, foster care, early childhood and child care,

child abuse. Responsible for children committed to its custody by juvenile

courts, offering a variety of treatment programs.

[**www.dhr.alabama.gov**](http://www.dhr.alabama.gov)

**Alabama Department of Public Health**

Improves and protects the public’s health through disease prevention,

and the assurance of public health services to resident and transient

populations of the state

[**www.adph.org**](http://www.adph.org) **/ 1-800-252-1818**

**Children’s Health Insurance Program (All Kids)**

Low-cost, comprehensive healthcare coverage program for children

under age 19

[**www.adph.org/allkids/**](http://www.adph.org/allkids/) **/ 1-877-373-5437**

**Health Insurance Alabama.Gov**

Learn how to get health insurance for yourself and your children,

including Alabama Child Caring Foundation

[**http://healthinsurance.alabama.gov/**](http://healthinsurance.alabama.gov/) **/ 1-334-269-3550**

**Alabama Department of Insurance**

Regulates the insurance industry, providing consumer protection,

promoting market stability, and enforcing fire safety standards and laws

[**www.aldoi.gov/**](http://www.aldoi.gov/) **/ 1-334-269-3550**

**Alabama Department of Rehabilitation Services (ADRS)**

* **Alabama’s Early Intervention System (AEIS)**

Coordinates services statewide for infants and toddlers with

disabilities and developmental delays preparing them and

their families for the transition to the State Department of

Education’s preschool program for 3-to-5-year-olds or other

community programs

[**www.rehab.alabama.gov/ei**](http://www.rehab.alabama.gov/ei) **/ Child Find 1-800-543-3098**

* **Children’s Rehabilitation Service (CRS)**

Provides services to children with special health-care needs

from birth to age 21 and their families, including disabilities

services, expertise and adaptive technology to local school

systems

[**www.rehab.alabama.gov/crs**](http://www.rehab.alabama.gov/crs) **/ 1-800-846-3697**

* **Vocational Rehabilitation Service (VRS)**

Provides rehabilitation, education, and employment-related

services to adolescents and adults with disabilities

* **State of Alabama Independent Living/Homebound Service (SAIL)**

Provides services to Alabamians who have the severest

disabilities resulting from spinal cord or head injuries

[**www.rehab.alabama.gov**](http://www.rehab.alabama.gov) **/ 1-800-441-7607**

**UAB Civitan-Sparks Dental Clinic**

[**www.uab.edu/civitansparks/clinics/dental-clinic/**](http://www.uab.edu/civitansparks/clinics/dental-clinic/) **/1-205-934-1115**

**Social Security Administration**

[**www.socialsecurity.gov**](http://www.socialsecurity.gov) **/ 1-800-722-1213**

**Easter Seals:**

* **Corporate Office, Montgomery**

[**www.alabama.easterseals.com**](http://www.alabama.easterseals.com) **/ 1-800-388-7325**

* **Anniston / 1-256-820-9960**
* **Birmingham / 1-205-942-6277**
* **Mobile/Northwest Florida / 1-251-471-1581**
* **Montgomery / 1-334- 262-0824**
* **Talladega / 1-256- 761-3370**
* **Opelika / 1-334-745-3501**
* **Selma / 1-334-872-8421**
* **Tuscaloosa / 1-205-759-1211**

**Centers for Disease Control (CDC)**

Online source for credible health information

[**www.cdc.gov**](http://www.cdc.gov) **/ 1-800-232-4636**

*Su fuente confinable de informacion sobre salud en Internet*

[**www.cdc.gov/spanish**](http://www.cdc.gov/spanish)

**Center for Parent Information & Resources**

Supporting the Parent Centers who serve Families of Children with Disabilities

[**https://www.parentcenterhub.org/**](https://www.parentcenterhub.org/)

**Prescription Assistance Program**

Helps qualifying patients without prescription drug coverage get the medicines

they need through the program that is right for them

[**www.pparx.org**](http://www.pparx.org) **/ 1-888-477-2669**

**Sight Savers**

Coordinates the activities of all child referrals agencies and vision care

providers in The Children’s Eye Care Network

[**www.sightsaversofalabama.org**](http://www.sightsaversofalabama.org) **/1-877-942-2627**

**ADDITIONAL RESOURCES**

**United Way 2-1-1/United Way of Alabama**

* United Way 2-1-1: an easy to remember central phone number

connecting people across the state of Alabama with available

community resources. With one call you can reach a trained, caring

professional, seven days a week, 24 hours a day, 365 days a year

* United Way of Alabama

[**http://www.liveunited.org**](http://www.liveunited.org)

**Alabama Resource Guide**

[**http://www.ucp.org/uploads/alabama\_state\_resources.pdf**](http://www.ucp.org/uploads/alabama_state_resources.pdf)

**Alabama State Official Website**

[**www.alabama.gov/portal/index.jsp**](http://www.alabama.gov/portal/index.jsp)

**Alabama Child Care Resource and Referral Network**

* **Childcare Resources,** Birmingham

Blount, Jefferson, Shelby and Walker Counties

[**www.ccr-bham.org**](http://www.ccr-bham.org) **/ 1-800-822-2734**

* **Family Guidance Center of Alabama**

[**www.familyguidancecenter.org**](http://www.familyguidancecenter.org) **/ 1-800-499-6597**

**Alabama Department of Children’s Affairs**

Provide state leadership to identify, promote and coordinate services for

children, their families, and communities

[**http://children.alabama.gov**](http://children.alabama.gov) **/ 1-334-223-0502**

**Parenting Assistance Line (PAL)**

Free and confidential calls offering helpful information and support

regarding specific parenting concerns for children ages birth to twelve

years

[**www.pal.ua.edu**](http://www.pal.ua.edu) **/ 1-866-962-3030**

**Alabama Pre/Post Adoption Connections (APAC)**

Statewide program designed to empower adoptive families facing adoption

Challenges and to facilitate stronger bonds and interaction within all adoptive

Families.

[**www.childrensaid.org/apac/**](http://www.childrensaid.org/apac/) **/ 1-205-251-7148**