

MyIDP – My Individual Development Plan

Called **myIDP**, the tool is designed to help graduate students and postdocs in the sciences create individual development plans, or step-by-step plans for identifying and reaching their career goals – whatever they may be.

This free online tool walks users through the process of assessing their proficiencies in a host of science-related skills and knowledge areas, including research and technical skills, communicating to scientific and lay audiences, managing and leading people and projects, navigating peer review, and career planning.

Please see links below about **myIDP**. This tool is often discussed regarding mentoring and career development.

MyIDP site:

<http://myidp.sciencecareers.org/>

Article by Dr. Philip S. Clifford et al, who was instrumental in the creation and development of **myIDP**:

http://sciencecareers.sciencemag.org/career_magazine/previous_issues/articles/2012_09_07/caredit.a1200100

Self-assessment tool, which is sponsored by the American Association for the Advancement of Science (AAAS):

https://www.asbmb.org/asbmbtoday/asbmbtoday_article.aspx?id=18048