

## Easiest way to mute/unmute in Zoom

Brought to you by  
**Lisa Schwaiger**  
- DOPM HelpDesk Triage and Computer Tech in MT-  
403



### SITUATION/QUESTION:

I know I can unmute or mute myself in a Zoom meeting by clicking on the microphone icon on the lower left.

That's pretty easy, but sometimes -- when I'm gathering up my thoughts or affected by "stage fright" (knowing that I'm about to speak) -- even that seems hard.

Is there a Super-Easy way to unmute/mute myself in Zoom?

### SOLUTION/ANSWER:

Yes. The Space bar toggles between mute and unmute.

See a short video about that here if needed: <https://youtu.be/UEABW3ddZkc?t=582>

Was this helpful? Do you have suggestions for a future Tip of the Week? Do you have any other comments?

Let us know at [dopmHelp@uabmc.edu](mailto:dopmHelp@uabmc.edu)

To see an archive of past Tips of the Week: <https://www.uab.edu/medicine/dopm/dopm-it/weekly-tips>