

Emma V. Richardson

Full name: Emma Victoria Richardson

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Qualifications

MSc. (Merit) Sport and Exercise Psychology, Loughborough University
Dec. 2013

BA. (1st Class Hons) Sport and Physical Activity, University of Strathclyde
June 2012

Academic Employment History

February 2017 – present Postdoctoral fellow, School of Health Professionals, University of Alabama at Birmingham

Oct 2013 – present Doctoral researcher, Exercise and Health Psychology, Loughborough University

Oct 2012 –Sept 2013 Postgraduate researcher, International Tennis Federation (ITF)

Personal Profile

I am an early career researcher with an excellent emerging publications record in high quality journals. I have particular expertise in exercise and health psychology, disability and exercise, and qualitative research methods, as evidenced in my publications record. My personal mission is to advance knowledge in the area of disability and health through outstanding research and scholarship. I am a hard-working, reliable, personable individual passionate about doing meaningful research with real world impact contributing to improving the health and well-being of disabled people.

Peer Reviewed Publications

Richardson, E. V., Smith, B., & Papathomas, A. (*in preparation*). Undertaking social missions: A narrative explorations of disabled people's motivations to be gym instructors.

Richardson, E. V., Smith, B., & Papathomas, A. (*in press*). Collective stories and exercise: Investigating the impact of exercising with disabled peers in the gym. *Adapted Physical Activity Quarterly*.

Richardson, E. V., Smith, B., & Papathomas, A. (2017). Crossing boundaries: The perceived impact of disabled fitness instructors in the gym. *Psychology of Sport and Exercise*, 29, 84-92.

Richardson, E. V., Smith, B., & Papathomas, A. (2016). Disability and the Gym: Experiences, barriers and facilitators of gym use for individuals with physical disabilities. *Disability & Rehabilitation*

Richardson, E. V., Papathomas, A., Smith, B., & Goosey-Tolfrey, V. L. (2017). The psychosocial impact of wheelchair tennis on participants from developing countries. *Disability & Rehabilitation*, 39(2), 193-200.

Research Reports

Richardson, E. V., & Smith, B. (2015). *InstructAbility Evaluation*. Research report commissioned by Aspire UK

Richardson, E. V., & Papathomas, A. (2013). *Wheelchair Tennis Development Fund: A Programme Evaluation*. Research report commissioned by the International Tennis Federation. Published at <http://www.itftennis.com/160566?channel=itfwheelchairtennisnews>

Public Engagement

Richardson, E. V., & Smith, B. (2015). *InstructAbility Evaluation*: Presentation of programme evaluation results to Chief Executive and programme leader of Aspire UK.

Richardson, E. V., & Papathomas, A. (2013). *Wheelchair Tennis Development Fund: A Programme Evaluation*. Public presentation of programme evaluation results to shareholders and leaders of the Wheelchair Tennis Development Fund.

Conference Paper Presentations

Richardson, E. V., Smith, B., & Papathomas, A. (2016, August). Crossing boundaries: The perceived impact of disabled fitness instructors in the gym. *5th International Conference on Qualitative Research in Sport and Exercise*, Chichester, UK.

Richardson, E. V., Smith, B., & Papathomas, A. (2015, December). Disability and the Gym: Experiences, barriers and facilitators of gym use for individuals with physical disabilities *British Psychological Society (BPS): Division of Sport and Exercise Psychology Conference*, Leeds, UK.

Richardson, E. V., Smith, B., & Papathomas, A. (2015, February). The psychosocial impact of wheelchair tennis on participants from developing countries. *1st Association for Applied Sport Psychology (AASP) International Student Conference*, Loughborough, UK.

Richardson, E. V., Papathomas, A., Smith, B., & Goosey-Tolfrey, V. L. (2014, April). The psychosocial impact of wheelchair tennis on participants from developing countries. *5th International State-of-the-Art Congress 'Rehabilitation: Mobility, Exercise & Sports'*, Groningen, The Netherlands.

Teaching

BSc Research Skills Part 1

BSc Research Skills Part 2

MSc Qualitative Research Methods and Methodologies

Personal tutor providing academic, professional and pastoral support for undergraduate and postgraduate students

External Activities

Workshop leader delivering seminars on sport and exercise psychology to visiting high school, college and university students.

Residential assistant providing pastoral support to undergraduate students living in halls of residence.

Professional Bodies

Graduate member of the British Psychological Society (BPS) affiliated to the *Division of Sport and Exercise Psychology*.

References

Prof. Brett Smith
School of Sport Exercise
and Rehabilitation
University of Birmingham
Birmingham
B15 2TT

Dr Anthony Papathomas
Loughborough University
Sir John Beckwith Building
Loughborough
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