



# Special Delivery

Issue 3

September 30, 2008

## Application Information is Rolling In . . .

The Applicant Interviews for the 2009-2010 Residency Program Interns begin on November 3, 2008.

### Facts about Admission Process this year:

1. Received 238 applicants
2. 168 U.S. Graduates with 8 UASOM Medical School graduates
3. 70 Foreign (IMG's)
4. 31 applicants have been invited
5. 25 interviews have been scheduled
6. 78 of the U.S. Graduates have scores of 222 and up.  
*The National Step I mean score is 222 and data so far for Step II shows the national mean as 226.*

### What we need from you:

1. Prompt turnaround on scoring applicant files as this speeds up the process of sending out invitations to applicants.
2. Each division's secretary needs to send us their faculty interview schedules as soon as possible, at least two weeks before the first interview date!!!

## Preparing for the Millennial Residents

Taken from: Lee, S. ([sharyn.lee@mebn.net](mailto:sharyn.lee@mebn.net)), 30 May 2008. *GME-Connections*, Vol 3 No 2. Email to J. Walsh ([jwalsh@uab.edu](mailto:jwalsh@uab.edu)).

Whether you refer to them as 'Generation Y' or 'Millennials', they'll soon be headed your way. Born between 1982 and 2003, population theorists describe this incoming generation as technology-driven, tolerant of multiculturalism, highly skeptical, and insistent upon work-life balance. Many medical schools have already begun implementing new approaches to build on new scholars' perceived strengths in technology and team-building. Creating cooperative atmospheres such as team-based learning is one approach that has garnered much attention and has been met with success. Follow the link below to read more about innovative approaches to learning for millennial residents.

[American Medical News](#): Publication of the AMA

## Announcements

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**Progress in Ob/Gyn 2009** is scheduled for February 26 - 27 (Thursday and Friday) at the Wynfrey Hotel. You will soon receive the brochure as well as an email reminding you to register.

**Dr. LauraLee Joiner** has accepted the position of Director of Russell Clinic. Our thanks to her as well as Drs. Todd Jenkins and Ron Henderson, who were the two previous Directors.

The **Resident Retreat** is October 11-12 at Mountain Top Cabins in Blue Ridge, Georgia. While there, the residents will enjoy a whitewater rafting excursion down the Middle Ocoee River.

## Who Are the Millennial Residents?

- *Idealistic*: Believe in giving back - likely did community service in high school
- *Optimistic*: Raised by baby boomers who were financially secure before having children
- *Team-Players*: Value being connected to others after a childhood heavy on organized activities
- *Technologically Savvy*: Grew up with technology - did not have to adapt

## Important Dates

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### October 7

Resident Education  
Committee

### October 10

Pig Lab - PGY4

### October 11-12

Resident Retreat

### October 13-15

MS Block II Oral Exams

### October 14

Resident Selection  
Committee Meeting

### October 17

- MS Block II Final Exams
- Ultrasound Lectures

### October 20

MS Block III Orientation

### October 23

MS Block III Pelvic Exam  
Class

### October 24

Faculty Lecture Series

### October 30

EBM Journal Club  
Case-Controlled Studies

### October 31

- Grand Rounds
- Pig Lab Didactic- PGY3

"We trust the teacher who gives us stress, pain or drudgery when we need it. And we resent the teacher who... takes us into deep water when we are frightened of the shallow".

— *Aquarian Conspiracy*

## Resident Rave

*Resident Rave* is a new feature of "Special Delivery" and has been designed to showcase our Ob/Gyn residents. For each issue, we will randomly select two residents and elicit faculty, fellow, and/or resident input regarding these residents' high-quality performance. This month Drs. Shannon Bryant and Meaghan Bowling were selected.



### Shannon Bryant: PGY2

Undergrad: University of Kentucky  
Med School: UAB

### **Professional Memberships / Awards / Accomplishments:**

American Medical Association, American Medical Student Association, American Medical Women's Association, Medical Association of the State of Alabama, Phi Beta Kappa - 2003, Golden Key National Honor Society - 2001, Outstanding Physics Student (UK) - 2002, Outstanding German Student (UK) - 2000, Dean's List (UK) - 1999, 2001, 2002, 2003.

*"As a former Air Force Doc (and big fan of Kelly McGinnis), I am reminded of the line from one of my favorite movies, Top Gun, "I heard the best of the best will be back here". The best of the best are here at UAB. Since my arrival, I have been very impressed with the exceptional quality and outstanding work ethic of the residents. Despite being a secret Tom Cruise fan, my most recent R-2 on service, Shannon Bryant, embodies this commitment to excellence. Her quiet confidence as well as her willingness to go above and beyond with a pleasant demeanor set anxious REI patients at ease and raised the quality of the entire team." — Wright G. Bates, MD*



### Meaghan Bowling: PGY3

Undergrad: University of North Carolina  
Med School: University of Florida

### **Professional Memberships / Awards / Accomplishments:**

American College of OB/GYN, American Medical Association, American Medical Women's Association, American Medical Student Association, Induction to Phi Beta Kappa (UNC) - 2001, Induction to Golden Key Honor Society (UNC) - 2000.

*" ' Who is that Doctor with the curly hair and the pretty smile. She is so nice--you need to kee-ep her!' Two of my post op patients said this about Dr. Bowling, and they were not talking about Bryce [Bowling]." — R. Edward Varner, MD*

*"A stout second year that 'gets it.' " — Kristopher Kimball, MD*

# Teaching Tip: *Using Questions to Stimulate Thinking*

**Source:** Wiki - Medical Education  
<http://medicaleducation.wetpaint.com/page/Using+Questions+to+Stimulate+Thinking>

Most clinical teaching methods require fairly sophisticated questioning techniques. Good questions actively engage the learner’s brain, increase attention and are an important method for helping them to recall, and reorganize information. To ease learners into this technique, you might start by saying “*The first question I would ask myself is ...*”, thereby, intentionally role modeling your thinking process.

The following examples will help you select question stems according to the level of objective you wish to achieve. The further down the list, the more complex the level of thinking required.

Level of Objective	Question Stem
<b>Organizing</b> - Arranging information	How else might you . . . ? How would you compare . . . to . . . ?
<b>Applying</b> - Demonstrating prior knowledge within a new situation	What evidence is there that . . . ? Where else might you use . . . ?
<b>Analyzing</b> - Examining parts / relationships	What assumptions are you making? How is this different from . . . ?
<b>Integrating</b> - Connecting / combining information	What would you do it . . . ? How many ways can you think of to . . . ?
<b>Evaluating</b> - Assessing quality	What is the most important . . . ? Why? How effective was . . . ?
<b>Generating</b> - Producing new information, meaning, ideas	What would you improve . . . ? How many ways can you think of to . . . ?

## Question “Do Nots”

Questions at this level are about helping learners to improve clinical reasoning skills, not about assessing who is the best resident.

- Don't ask people to read your mind.
- Don't ask a junior student to answer after a senior resident has been incorrect.
- Don't ask impossible questions in front of the patient.
- Don't use questions to humiliate anyone.
- Don't use questions to reward your favorite learner, it destroys teamwork and encourages destructive competition.
- Don't ask questions to show how intelligent you are.

To read more examples of question stems, visit the website:  
<http://medicaleducation.wetpaint.com/page/Using+Questions+to+Stimulate+Thinking>

## Guess Who??



1. Who was a goalie for the UAB Soccer Team?
2. Who was a star cheerleader who performed competitively?
3. Who comes to work everyday in Spandex?
4. Who was a “Goody Girl” at Bristol Motor Speedway.

This newsletter is from the Department of Ob/Gyn’s Education Directorate.

**Contributors:**  
 Julie Walsh-Covarrubias, MEd, EdD  
 Brandy Patterson, MD

**Editors:**  
 Larry Kilgore, MD  
 Todd Jenkins, MD  
 Julie Walsh-Covarrubias, MEd, EdD

## Guess Who??

1. Dr. Greg Stakianos; 2. Dr. Emily Evans; 3. Dr. John Owen (rides a bike each day); 4. Dr. Heather Greer