44th ANNUAL PROGRESS IN OB/GYN
The Bruce A. Harris Symposium

A CME Event for Physicians and Nurses

Thursday and Friday, February 21-22, 2019

Hyatt Regency
Birmingham – The Wynfrey Hotel
Riverchase Galleria, Birmingham, Alabama

Sponsored by
Department of Obstetrics and Gynecology and Division of
Continuing Medical Education
I am very pleased to announce the 44th Annual Bruce A. Harris Symposium: Progress in OB/GYN 2019 to be held February 21-22 at Hyatt Regency Birmingham – The Wynfrey Hotel in the Riverchase Galleria. This is a professional development opportunity sponsored by the Department of Obstetrics and Gynecology and the Division of Continuing Medical Education at the University of Alabama at Birmingham.

Progress in OB/GYN is named in honor of Bruce Alexander Harris, Jr., M.D. (1919-2013), who devoted his career and his life to improving women’s health in Alabama. Please see the Progress in OB/GYN website for a tribute to this wonderful man. The Professor is greatly missed by all.

This course, which was first held in 1975, has been a longstanding tradition for OB/GYN physicians and nurses. The meeting offers outstanding course faculty presenting sessions on the most recent advances in OB/GYN and the opportunity for networking and discussion. In addition to presentations there will also be a number of posters, detailing research in various topics of OB/GYN, which will be available to view throughout the day. We are once again offering 3 optional luncheon sessions this year: “Stump the Professor” lunch (Thursday), “Special Topics” lunch for nurses (Friday), and “Cutting Edge Research” lunch (Friday), which highlights the current national research in OB/GYN, much of which is ongoing at UAB. This research lunch was first offered 2017 and received excellent reviews from the attendees. Although the session will primarily target physicians, interested nurses or advanced practice providers are welcome to attend.

As always, we have taken many of your topic suggestions from the 2018 conference evaluations and tried to integrate those into the program. Additionally, we continue to offer Gynecology and Obstetrics topics on separate days so that you have the option to register for either one or two days.

You will receive an email notification when the syllabus is posted or either you may visit the Progress website (https://www.uab.edu/medicine/obgynresidency/progress-in-obgyn) in advance of the meeting to view and/or download any course material. Internet access will also be provided at the meeting so you may access the syllabus on-site.

In addition to participating in the meeting, I do hope that you take the time to enjoy Birmingham, which is a diverse city that successfully balances history, culture and tradition with an eclectic mix of exciting activities.

Many thanks to the faculty and staff who help make this meeting possible each year. I look forward to seeing you at the Progress in OB/GYN 2019!

Alice R. Goepfert, M.D.
Course Chair
**Course Administration**

**Educational Objectives**

**Nurses**

Upon completion of this course, the participant will be able to:

1. Identify advances in Ob/Gyn nursing and their relationship to quality patient care.
2. Integrate patient care goals in Ob/Gyn nursing practice.
3. Design appropriate patient care by incorporating updated knowledge in the management of the female patient.

**Physicians**

Upon completion of this course, the participant will be better able to:

1. Describe and discuss advances in practice of gynecologic oncology, reproductive endocrinology, gynecology, and obstetrics.
2. Identify current research in obstetrics and gynecology.
3. Design appropriate patient care by incorporating updated knowledge in the management of the female patient.

**Accreditation Statement**

**Physicians**

The University of Alabama School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Alabama School of Medicine designates this educational activity for a maximum of 14.25 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This total includes:

- 12.25 credits for registration and attendance at all lecture sessions (Thursday: 6.25 credits / Friday: 6.00 credits).
- 1.00 credit for registration/attendance at the Stump the Professor Lunch (Thursday).
- 1.00 credit for registration/attendance at the Physicians’ Boxed Lunch Session (Friday).

**Nurses**

Alabama Board of Nursing continuing education credit for this activity has been approved for a maximum of 18.2 continuing education credits and 3 pharmacology credits if attending both days and lunches. Please note that you will receive a maximum of 9.5 CEUs for Thursday (8.3 without lunch session) including 1.5 pharmacology credits and 8.5 CEUs for Friday (7.3 without lunch session), including 1.5 pharmacology credits.

UAB is an Equal Opportunity/Affirmative Action Institution.

**Course Materials and On-site Registration**

The electronic meeting syllabus for the meeting can be accessed here: [http://www.uab.edu/medicine/gyn/ progress-in-obgyn](http://www.uab.edu/medicine/gyn/progress-in-obgyn). Please note that this will be a “paper-lite” meeting, and no printed materials will be provided onsite.

Course participants may register for the meeting on Wednesday evening, February 20th, between 3:00 and 5:00 pm, on Thursday, February 21st, from 7:00 am until 5:00 pm, and on Friday morning, February 22nd, from 7:00 am until 8:00 am.
Program Schedule

Wednesday, February 20, 2019, 3:00-5:00 p.m., Registration

Thursday, February 21, 2019 (Combined Nurses/Physicians)

Morning Session (GYN)
Moderator: Todd R. Jenkins, MD

7:00-7:50 am Registration, continental breakfast, coffee
7:50-8:00 am Welcome/Opening Remarks
8:00-8:30 am Cervical Cancer Screening & Prevention: A Brave New World
(8:30-8:35 Q&A)
8:35-9:05 am Optimization of Pain Management with Gynecologic Surgery
(9:05-9:10 Q&A) J. Michael Straughn, MD
9:10-9:40 am Evaluation & Management of Vulvar Disorders
(9:40-9:45 Q&A) Kelly Hoskins Tyler, MD
9:45-10:15 am BREAK/EXHIBITS & POSTER SESSION
10:15-10:45 am Debate: Genetic Counseling before or after Cancer Genetic Testing?
(10:45-10:50 Q&A)
10:50-11:20 am Getting SMARTer about Wellbeing
(11:20-11:25 Q&A) Brenessa M. Lindeman, MD, MHSA
(11:55-12:00 Q&A) James W. Orr, Jr., MD
12:00-1:15 pm Optional Lunch Session: “Stump the Professor”
Moderator: Charles A. “Trey” Leath, III, MD
Panel: TBD

Afternoon Session

PHYSICIANS
Moderator: Tera F. Howard, MD, MPH

1:15-1:45 pm Evidence for the Approach of Hysteropexy in the Treatment of Uterovaginal Prolapse
(1:45-1:50 Q&A) Holly E. Richter, PhD, MD
1:50-2:20 pm Uterine Fibroid Embolization: An Image-Guided, Minimally Invasive Approach to Symptomatic Fibroids
(2:20-2:25 Q&A) Andrew J. Gunn, MD
2:25-2:55 pm BREAK/EXHIBITS & POSTER SESSION
2:55-3:25 pm Optimizing Care and Counseling for our LGBTQ Patients
(3:25-3:30 Q&A) Panel: Nicholas Van Wagoner, MD, Morissa J. Ladinsky, MD, Erin F. Cook, MD, Deidre D. Gunn, MD
3:30-4:00 pm Communication: Revisiting the Art in Medicine
(4:00-4:05 Q&A) Kerri S. Bevis, MD, MSPH
4:05-4:35 pm Is There an App for That? Mobile Tech for the Ob/Gyn
(4:35-4:40 Q&A) Kimberly H. Hoover, MD, Frances S. Burgan, MD, & Audra R. Williams, MD, MPH

NURSES
Moderator: TBD

1:15-1:45 pm Contraception: Optimizing Success in Clinically Challenging Patients
(1:45-1:50 Q&A) Erin F. Cook, MD
1:50-2:20 pm PCOS and Infertility: An Evidence-Based Approach
(2:20-2:25 Q&A) Deidre D. Gunn, MD
2:25-2:55 pm BREAK/EXHIBITS & POSTER SESSION
2:55-3:25 pm True Blood: Myths and Realities of Postmenopausal Bleeding
(3:25-3:30 Q&A) Kenneth H. Kim, MD
3:30-4:00 pm Urinary Tract Infections—Evidence Based Guidelines—Simple to Complex
(4:00-4:05 Q&A) David R. Ellington, MD
4:05-4:35 pm Headed for a Heart Break: Heart Failure in Women
(4:35-4:40 Q&A) Carla C. Turner, DNP, ACNP-BC
Program Schedule
Friday, February 22, 2019 (Combined Nurses/Physicians)

Morning Session (OB)
Moderator: Brian M. Casey, MD

7:00-7:50 am  Coffee/Exhibits
7:50-8:00 am  Announcements/Welcome
8:00-8:30 am  The ARRIVE Study and Induction at Term: What Now?
   (8:30-8:35 Q & A)  Alan T. N. Tita, MD, PhD, MPH
8:35-9:05 am  Putting the M Back in Maternal Fetal Medicine
   (9:05-9:10 Q & A)  Mary E. D’Alton, MD
9:10-9:40 am  LARC Update
   (9:40-9:45 Q & A)  Sara E. Mazzoni, MD, MPH
9:45-10:15 am  BREAK/EXHIBITS & POSTER SESSION
10:15-10:45 am  Substance Use Disorders in Pregnancy
   (10:45-10:50 Q & A)  Lorie M. Harper, MD, MSCI
10:50-11:20 am  Use of Doppler Velocimetry in Modern Obstetrics
   (11:20-11:25 Q & A)  Susan L. Baker, MD
11:25-11:55 pm  Optimization of Postpartum Care
   (11:55-12:00 Q & A)  Audra R. Williams, MD, MPH
12:00-1:30 pm  Optional Lunch Session: Research Lunch
   Moderator: Alan T.N. Tita, MD, PhD, MPH
   Panel: TBD
12:00-1:30 pm  Nurses Lunch Session: Rescue, Restoration and Reintegration of Victims of Human Sex Trafficking
   Carolyn A. Potter, MA

Afternoon Session
PHYSICIANS
Moderator: Janeen L. Arbuckle, MD, PhD

1:30-2:00 pm  Comprehensive Management of the Obstetric Patient with Peripartum Cardiomyopathy
   (2:00-2:05 Q & A)  Luisa A. Wetta, MD & Indranee N. Rajapreyar, MD
2:05-2:40 pm  Current Management of Gestational Diabetes
   (2:40-2:45 Q & A)  Chase R. Cawyer, MD
2:45-3:20 pm  Prenatal Aneuploidy and Carrier Screening – Updates and Workflow Strategies
   (3:20-3:25 Q & A)  Akila Subramaniam, MD, MPH & Jacque P. Hancock, MD
3:25-3:55 pm  Management of Postpartum Hemorrhage
   (3:50-4:00 Q & A)  Rachel G. Sinkey, MD
4:00 pm  Closing

NURSES
Moderator: TBD

1:30-2:00 pm  Ultrasound Markers for Aneuploidy
   (2:00-2:05 Q & A)  Sheri M. Jenkins, MD
2:05-2:40 pm  Implementing an ERAS Protocol for Cesarean Delivery: Successes and Pitfalls
   (2:40-2:45 Q & A)  Mark F. Powell, MD
2:45-3:20 pm  Danger Zone: Exploring the Epidemic of Syphilis and Gonorrhea in Pregnancy
   (3:20-3:25 Q & A)  Jasmine W. McQueen, MSN, CRNP, WHNP-BC, AGNP-C
3:25-3:55 pm  Addiction in Pregnancy: Making Positive Changes as a Group
   (3:55-4:00 Q & A)  Stephanie M. Cannon, MSN, WHNP-BC, RN, Pam B. Files, MSN, WHNP-BC
4:00 pm  Closing
Guest Speakers

**Susan L. Baker, MD**  
Director of Maternal-Fetal Medicine  
Associate Professor, Obstetrics and Gynecology  
University of South Alabama  
Mobile, AL

**Mary E. D’Alton, MD**  
Willard C. Rappleye Professor and Chairman, Obstetrics and Gynecology  
Director, Obstetrics and Gynecology Services, New York-Presbyterian Hospital  
Columbia University  
New York, NY

**James W. Orr, Jr., MD, FACOG, FACS**  
21st Century Oncology  
Clinical Professor, Florida State School of Medicine  
Medical Director, FL Gynecologic Oncology & Regional Cancer Care  
Fort Myers, FL

**Carolyn A. Potter, MA**  
Executive Director  
The WellHouse  
Odenville, AL

**Kelly H. Tyler, MD, FACOG, FAAD**  
Assistant Professor  
Division of Dermatology  
Department of Obstetrics and Gynecology  
Ohio State University  
Columbus, OH

**UAB Speakers***

**Janeen L. Arbuckle, MD, PhD**  
Assistant Professor  
Women’s Reproductive Healthcare  
Pediatric and Adolescent Gynecology

**Rebecca C. Arend, MD**  
Assistant Professor  
Gyn Oncology

**Kerri S. Bevis, MD, MSPH**  
Associate Professor  
Director, Residency Program  
Director, Education Office  
Gyn Oncology

**Frances S. Burgan, MD**  
Assistant Professor  
Women’s Reproductive Healthcare

**Stephanie M. Cannon, MSN, WHNP-BC, RN**  
Registered Nurse  
Maternal Fetal Medicine

**Brian M. Casey, MD**  
Professor and Vice Chair  
Director, Maternal-Fetal Medicine

**Chase R. Cawyer, MD**  
Fellow  
Maternal-Fetal Medicine

**Erin F. Cook, MD**  
Assistant Professor  
Women’s Reproductive Healthcare  
Pediatric and Adolescent Gynecology

**David R. Ellington, MD**  
Associate Professor  
Urogynecology and Pelvic Reconstructive Surgery  
Associate Director, Female Pelvic Medicine and Reconstructive Surgery Fellowship Program

**Pam B. Files, MSN, WHNP-BC**  
Nurse Practitioner- Research  
Maternal-Fetal Medicine

**Andrew J. Gunn, MD**  
Assistant Professor  
Interventional Radiology

**Deidre D. Gunn, MD**  
Assistant Professor  
Reproductive Endocrinology & Infertility

**Jacqueline P. Hancock, MD**  
Assistant Professor  
Women’s Reproductive Healthcare

**Lorie M. Harper, MD, MSCI**  
Associate Professor  
Maternal-Fetal Medicine  
Director, Maternal-Fetal Medicine Fellowship Program

**Kim H. Hoover, MD**  
Professor  
Women’s Reproductive Healthcare  
Director, Pediatric and Adolescent Gynecology Fellowship Program

**Tera F. Howard, MD, MPH**  
Assistant Professor  
Women’s Reproductive Healthcare

**Warner K. Huh, MD**  
Professor  
Director, Gyn Oncology

**Sheri M. Jenkins, MD**  
Professor  
Maternal Fetal Medicine

**Todd R. Jenkins, MD**  
Professor and Interim Chair  
Director, Women’s Reproductive Healthcare

**Kenneth H. Kim, MD**  
Associate Professor, Gyn Oncology  
Associate Director, Gyn Oncology Fellowship Program

**Morissa J. Ladinsky, MD**  
Associate Professor  
Department of Pediatrics

**Charles A. “Trey” Leath, III, MD**  
Professor  
Gyn Oncology

**Brenessa M. Lindeman, MD, MHS**  
Assistant Professor, Department of Surgery  
Associate Designated Institutional Official (DIO) for the Clinical Learning Environment  
Associate Director, General Surgery Residency Program

**Sara E. Mazzoni, MD, MPH**  
Associate Professor  
Maternal-Fetal Medicine

**Mark F. Powell, MD**  
Associate Professor  
Department of Anesthesiology and Perioperative Medicine  
Director, Obstetric Anesthesia Fellowship Program

**Indranee N. Rajapreyar, MD**  
Assistant Professor, Cardiovascular Disease  
Associate Medical Director of Mechanical Circulatory Support  
Department of Medicine

**Holly E. Richter, PhD, MD**  
Professor, Obstetrics and Gynecology, Urology and Geriatrics  
Urogynecology and Pelvic Reconstructive Surgery  
J Marion Sims Endowed Chair of Obstetrics and Gynecology  
Medical and Research Director, Urogynecology and Pelvic Reconstructive Surgery

**Rachel G. Sinkey, MD**  
Assistant Professor  
Maternal-Fetal Medicine

**J. Michael Straughn, Jr., MD**  
Professor, Gyn Oncology  
Director, Gyn Oncology Fellowship Program

**Akila Subramanian, MD, MPH**  
Assistant Professor  
Maternal-Fetal Medicine
**Course Location:** Hyatt Regency – The Wynfrey Hotel, Riverchase Galleria, Birmingham, Alabama

**Hotel Accommodations:** A block of rooms has been reserved for this meeting. Reservations MUST BE MADE NO LATER THAN Monday, January 21, 2019 by directly calling the hotel at 1-800-233-1234 or online by using the web link that will be listed on the Progress Website in November.

Guestroom rates for this meeting are $145 single/double (plus applicable state / local taxes). An additional charge will be assessed on all occupied rooms that exceed double occupancy. Please mention the UAB Progress in Ob/Gyn conference when scheduling by phone to receive the conference discount.

**Registered Guest Parking:** Self-Parking: $8 up to 9 hours | $12 up to 24 hours; Valet: $12 up to 9 hours | $18 up to 24 hours. Complimentary parking is available at the Riverchase Galleria (outside of the hotel property).

**Meeting Registration:** There are no hardcopy registration forms available. All registrations must be completed using the online system: https://www.uab.edu/medicine/obgynresidency/progress-in-obgyn.

Early registration ends January 28, 2019. Late or onsite registration costs an additional $30.

**Payment Methods:** Both credit card and check payments are accepted. CHECK payments must be received by January 28, 2019. If not received by that date, you will be required to pay the late fee onsite to complete your registration. So, please, mail your checks early!

**Registration Confirmation:** An automated registration confirmation will be sent to the email address provided. For those paying with a check, once your check is received then a payment confirmation will be sent to the email provided.

**Cancellation:** There will be a $50 cancellation fee if the request is received prior to Friday, February 8, 2019, after which time there are no refunds.

**FEE SCHEDULE**

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<th>1-Day (thru Jan 28)</th>
<th>2-Days (thru Jan 28)</th>
<th>Thur (Stump Lunch)</th>
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Mail check payment to: UAB Department of Ob/Gyn, Building 176F, Rm 5329, 619 19th Street South, Birmingham, AL 35249-7333.

We are pleased to assist participants with special needs. Requests should be made in writing at least one month prior to the program.

**Registration Questions:** For all registration related questions, please contact Christy Willis: cjwillis@uabmc.edu.
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Register online at https://www.uab.edu/medicine/obgynresidency/progress-in-obgyn

For further information, please call (205) 934-5631