

Live HealthSmart

GROCERY LIST

Perishable Food Items

- 2- Carton of eggs
- 1- Great Value Original Premium Sausage
- 1- Great Value Plain Whole Milk Yogurt, 32 oz
- 1-Bag of celery (1 bunch)
- 6-apples (any kind)
- 1-Medium Red onion
- 2-Bananas
- 1- Butterball Lower Sodium Turkey Bacon, 12 Oz
- 1-bunch of cilantro
- 3- Bell pepper (any color)
- 1- Great Value Shredded Low-Moisture Part-Skim Mozzarella Cheese, 32 oz

Non-Perishable Food Items

- 1- GV 100% Whole Wheat Bread 22 slices, 20 oz
- 1- GV Concord Grape Jelly, 18 oz
- 3- GV Low Sodium Chunk Chicken Breast, 12.5 oz (canned)
- 1- Whole Wheat Tortilla Shells, 10 Count, 8.2 oz
- 2- GV Black Beans, No Salt Added, 15.25 oz
- 1- GV Mild Diced Tomatoes with Green Chilies, 10 oz
- 1- 18oz Peanut Butter (any brand)
- 1- Corn tortillas (minimum count: 8)
- 1- 12 oz any kind of salsa
- 1- GV Whole Wheat Rotini, 16 oz
- 1- GV Garbanzos Chick Peas, 15.5 oz
- 1- GV Petite Diced Tomatoes in Tomato Juice, 14.5 oz
- 1- GV Light Zesty Italian Dressing & Marinade, 16 fl oz
- 1- GV No Salt Added Golden Sweet Whole Kernel Corn, 15 oz
- 1- GrV Great Northern Beans, 15.5 oz
- 1- McCormick White Chicken Chili Seasoning Mix, 1.25 oz
- 2- GV Medium Diced Green Chiles, 4 oz
- 1- GV Sun-Dried Raisins, 1 Oz., 6 Count
- 1- GV Brown Rice Pouch 8.8 oz
- 1- GV Tomato Sauce, 28 oz
- 2- GV Canned or Fresh Pineapple, 20 Oz
- 1- GV Boneless Skinless Chicken Breast, 3 lb. (Frozen)

***GV= Great Value**

