

What You Can Expect During a Study Visit in the Era of COVID-19

Individuals are encouraged to come to the study visit alone. If this is not possible, the instructions in this handout apply to both the participant and the participant's support person.

Per the "Safer at Home" state order issued by Alabama Gov. Kay Ivey, visitors remain restricted at UAB. Exceptions may be allowed where a support person or persons' presence improves the individual's safety, emotional well-being, or physical care.

The Day before your Study Visit:

- You (and your support person) will be screened by telephone for [symptoms of COVID-19](#) (cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, new loss of taste or smell).
 - If you have symptoms, you will be asked to contact your primary care provider. The study visit will be postponed until you are symptom free for 8 days and have a negative COVID test.
 - You (and your support person) will be asked to check your temperature with a thermometer. If you do not have a thermometer, you will be asked if you feel like you have a fever.
 - If you (or your support person) have a temperature of greater than 100.4°F or if you (or your support person) are feeling feverish, you should not come to the visit and should contact your primary care provider for guidance.
- Make sure you have a method for contacting study staff directly (e.g., phone number) in case you develop symptoms of COVID-19 or have questions prior to the visit.
- You must wear a face covering or mask during the study visit. If you do not have a face covering or mask, contact the study staff.
 - <https://www.uabmedicine.org/masking>
- You may want to read about UAB and COVID-19. <https://www.uab.edu/coronavirus/>.

The Day of your Study Visit:

- You (and your support person) should check [symptoms of COVID-19](#) and temperature again at home before leaving for the visit (see above).
- You (and your support person) must wear a face covering or mask during your study visit.
- If your visit is scheduled at a medical facility, you will be screened for symptoms at the entrance.

When you Arrive for your Study Visit:

- If you (and your support person) are not wearing a face covering or mask, study staff will provide one if available. If one is not available, your visit will be postponed.
- You (and your support person) will be screened for the [symptoms of COVID-19](#) on arrival.
 - Screening staff will be wearing a face covering or mask, and may be wearing other personal protective equipment (PPE) such as, gloves, face shield, and eye protection.
- You (and your support person) will be shown to a waiting area or room where all individuals will be separated by at least 6 feet, as recommended by the [Centers for Disease Control and Prevention \(CDC\)](#).
- During the study visit, the study staff must adhere to physical distancing guidelines. Your visit will occur in an area that allows 6 feet of separation, except when contact is necessary to complete the study procedures for your visit.
- All areas where study visits take place should have hand sanitizer or sinks and soap available.
- UAB is following the current recommended guidelines for cleaning rooms and equipment to keep you safe during your visit.